

Master Writer Mindset Quiz Instructions

How to Take the Quiz

This quiz is designed to help you identify your primary **Writer Mindset Type**—the natural way your brain prefers to approach creative work.

Each of the 21 questions describes a common creative pattern or behavior. Read each statement and rate how true it feels for you on a scale from **1 to 5**, where:

1 = Not true at all

2 = A little true

3 = Somewhat true

4 = Mostly true

5 = Very true

Answer as honestly as possible, and try not to overthink it. There are no wrong answers. **Keep track of your numbered answer for each question, as you'll use these to determine your results.**

_____ 1. I dream up so many new story ideas that my “idea bank” grows faster than I can possibly act on them.

_____ 2. I don’t start drafting until every scene is mapped out on a detailed timeline.

_____ 3. When inspiration hits, I plunge into writing so intensely I forget meals—or even sleep.

_____ 4. Keeping my daily writing streak alive—even if it’s only a paragraph—matters more to me than hitting big word-count milestones.

_____ 5. I feel most alive as a writer when I’m bending or reinventing the “rules” everyone else follows.

_____ 6. Live writing sprints or co-writing sessions keep me on task and energized.

_____ 7. After a burst of intense emotion—joy, grief, or anger—I’m driven to pour those feelings onto the page, and that’s when my writing feels most alive.

Keep going. You're doing great!

_____ 8. I'm most energized when I first picture the entire story universe and destination—only then do I dive into the actual pages.

_____ 9. I keep detailed progress metrics—word counts, chapter checklists, or project dashboards—so I always know exactly where I stand.

_____ 10. My creative rhythm is a powerful sprint, a cooldown, then another sprint—routine bores me.

_____ 11. Watching a project grow one small daily step at a time—even if no one notices—keeps me motivated.

_____ 12. Industry “best practices” feel like fences—I prefer carving my own trail.

_____ 13. Honest feedback circles or writing groups push me to polish and finish my work.

_____ 14. When strong emotions rise during writing, I don't avoid them—I use them to deepen the scene or the character.

You're 2/3 of the way through now.

_____ 15. I love diving straight into drafting, discovering the story as I go—outlines crush my creative momentum.

_____ 16. Fixed deadlines and clear delivery dates bring out my best work.

_____ 17. I rely on waves of excitement, not a fixed routine, to carry my projects forward.

_____ 18. A consistent 15-minute daily session feels more productive to me than an occasional marathon.

_____ 19. Challenging conventional narratives or boundaries is what drives me to the keyboard.

_____ 20. Seeing other writers succeed energizes me—I want to join the momentum and cheer them on.

_____ 21. I love threading symbols and deeper themes into my stories so readers sense there's more beneath the surface.

I'm done. How do I score it?

Go to the “results” download to discover your type!